**Unit Plan**

**General Nursing and Midwifery - 1st year**

**SUBJECT: SOCIOLOGY**

**Placement: First year**

**Theory - 20 Hours**

**Course description:** This course is designed to help student gain an understanding of sociology in the context of its relevance to nursing practice.

**UNIT No:** I  **Hours:**

**UNIT TITLE:**  Introduction **Teacher:**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to describe the scope and its importance of sociology in nursing

and the socio-cultural and economic aspects

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Describe the concept, scope, nature and importance of sociology nursing | Concept, scope nature and importance of sociology in nursing. | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Describe the socio-cultural and economic effects on health. | The socio-cultural and economic aspects of the community and their effects in health and illness. | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book  -charts | -Question & Answer  -Quiz |

**UNIT No:** II **Hours: 4**

**UNIT TITLE:**  The Individual **Teacher:**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to describe the describe the effect of environment on an Individual

and his/her responsibility to the society

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Describe growth and development of a human being | Brief review of human growth and development | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book  -charts | -Question & Answer  -Quiz |
| Describe the effect of environment ion stages of life. | Effect of environment on childhood, adolescence, adulthood and old age. | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Describe the rights and responsibilities of an individual in society. | The right and responsibilities of the individual in a democratic society. | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |

**UNIT No:** III **Hours:** 3

**UNIT TITLE:**  The Family **Teacher:**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to acquire knowledge regarding the family as a basic unit in the

society and its importance for health services

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Describe the family as the basic unit in society | Family as a social institution and basic unit for health services. | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -submit an assignment on Family as a basic unit of the society |
| Describe basic needs of the family in a society | Basic needs of family, its structure and relationships. | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Describe on family life education | Family life education: Pre-marriage, marriage and parenthood. | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |

**UNIT No:** IV **Hours:** 5

**UNIT TITLE:**  The Society **Teacher:**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to acquire knowledge regarding the society, its changes and

problems with its remedial measures

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Describe the concept of society and list down its types and group morale involved | * Concept * Group: Types, Structure, Inter-group relationship. Group cycle, group behavior and group morale. | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Describe the social changes  Describe the difference between the rural and urban society | * Social changes, social control, social stratification. * Rural and urban society. | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz  - submit an assignment on social changes |
| Describe the social problems prevalent in the society and remedial measures adapted by the society for it | * Social problems: unmarried mothers, dowry system, prostitution, drug addiction, alcoholism, delinquency, handicapped, child abuse, women abuse. * Social agencies and remedial measures. | 2 | Lecture cum discussion | Classroom discussions  Visit to an delinquency home | -OHP  -Text book | -Question & Answer  -Quiz |

**UNIT No:** V **Hours:** 5

**UNIT TITLE:**  The Community  **Teacher:**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to acquire knowledge regarding the community, its characteristics

and the culture.

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Define a community with its characteristics and culture | Definition, characteristics and culture | 1 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |

**UNIT No:** VI **Hours:** 5

**UNIT TITLE:**  Economy  **Teacher:**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to acquire knowledge regarding the economic condition of the

country and the means of control on population explosion and budgeting for a family

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| List down the availability of natural resources in the country | * Resources of the country: natural, occupational agricultural, Industrial etc. * Social Security | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Understand the effects of population explosion and the need for family budgeting | * Population explosion: Its effect on economy and the need for population control. * Budgeting for a family, per capital income and its impact on health and illness. | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |

**Books for Reference:**

1. D.C.Bhattacharya - Sociology

2. S.K.Mangal - Essential of educational Psychology

3. Krishna Gowda - Sociology for nurses

4. Indrani - Sociology for Nurses