



# PEOPLE'S UNIVERSITY

(Established by MP Act No. 18 of 2011 & approved u/s 2 (f) of UGC Act 1956)

ISO 9001 : 2008 Certified

## SCHOOL OF PHARMACY & RESEARCH

No: SOP&R/19/ 6112

Date: 25/11/2019

To,

The Registrar  
People's University  
Bhopal (M.P.)

Subject: Regarding Extension Activity

Dear Madam,

With reference to the subject cited above an extension activity was performed by School of Pharmacy & Research in collaboration with NSS on 23/11/2019 at Malakhedi Village near Bhanpur on the account of "Antibiotic Awareness Week".

Thanking you,

Sincerely,

*[Signature]*  
25/11/19

Principal, RPRC, Bhopal

SOP&R/19/6112

Encl:- Report of the event

# People's University

## School of Pharmacy & Research

### Attendance Sheet

Extension activity on Antibiotic Awareness

Date: 23-11-2019

S.No.	Name of Students	Mobile No.	Signature	Remark
①	Lavkush	9691365733	<u>Lavkush</u>	
(2)	Ankit Chaurasiya	7693090525	<u>Ankit</u>	
(3)	NAINSI Jain	9783059200	<u>Nainsi Jain</u>	
(4)	Diksha	9265911346	<u>D</u>	
(5)	lavi	8889833389	<u>Lavi</u>	
6)	Anand Gupta	79748838525	<u>A</u>	
7)	Amit Gogoi	8827604423	<u>Amit</u>	
8	Xanna Jakesh	7987840184	<u>X</u>	
9	Monika Raghunathi	8959997854	<u>M</u>	
10	Saif Khan	7525921831	<u>Saif</u>	
11	Umarav	8962152760	<u>U</u>	
12	Ramraj Singh	9981151207	<u>R</u>	
13	Pancham Yadav	7617814957	<u>Pky</u>	
14.	Mahesh Omre	9644842087	<u>Mahesh</u>	
15.	Ghanashyam	9111484164	<u>G</u>	
16	Jay Prakash Patel	7889464644	<u>Jay</u>	
17	Brijas Singh	9009964581	<u>B</u>	
18	Subham Vats	6206186955	<u>S</u>	
19	Bishu Jeet P. Singh	9396975021	<u>B</u>	
20	Utpal. MITAR	9981308109	<u>U</u>	

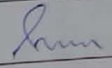
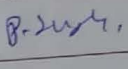

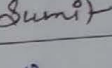
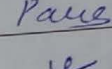
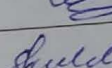
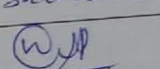
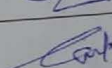
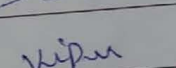
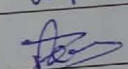
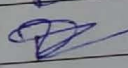
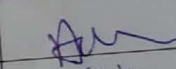
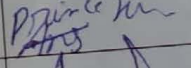
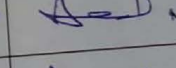
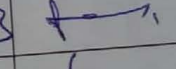
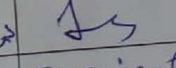
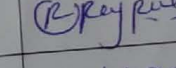
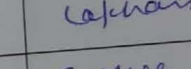
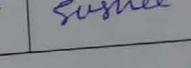

# People's University

## School of Pharmacy & Research

### Attendance Sheet

Extension activity on Antibiotic Awareness

Date: 23-11-2019

S.No.	Name of Students	Mobile No.	Signature	Remark
	Suman Kumar	7250408454		
	Prateek Senan	9575277487		
	Abhishek Rajpoot	7999653675		
	Sumit Kizor	9174725832		
	Rameshwar	9098036980		
	Vinay	7084350618		
	Shubham	7999759759		
	Mausli	7247630456		
	Grazanfer Ali	9109042489		
	Vipin Rastogi	8319566873		
	Ranvij Kumar	7905554096		
	Rudra	8839182947		
	Prateek pal	7692004001		
	Prince Kumar	9340802541		
	Grazanfer Ali Niyazi	9109042489		
	HUSSAIN Saffy	7470387703		
	Zahoor, Ah	7089706482		
	Rameshwar	9753611043		
	Lakhan Rajput	9144398960		
	Susheel	7024244186		

# People's University

## School of Pharmacy & Research

### Attendance Sheet

Extension activity on Antibiotic Awareness

Date: 23-11-2019

S.No.	Name of Students	Mobile No.	Signature	Remark
①	Spram Kumar Yadav	9062017329	<i>[Signature]</i>	
2	Umesh Bhojpal	8273221845	<i>[Signature]</i>	
3	Potaltika Banwal	8982355585	<i>[Signature]</i>	
4	Khan Fatima	8103032131	<i>[Signature]</i>	
5	Amrita Pal	9589151698	<i>[Signature]</i>	
6	Satybhavana Sabar	9754604616	<i>[Signature]</i>	
7	Rashid mansuri	9346663861	<i>[Signature]</i>	
8	Aditya Reghuwanshi	9131954688	<i>[Signature]</i>	
9	Ashraf Rane	8003175190	<i>[Signature]</i>	
10	Sanjay Vishwakarma	7415047799	<i>[Signature]</i>	
11	Adil Khan	9939220900	<i>[Signature]</i>	
12	Ashwini Sahu	6263500650	<i>[Signature]</i>	
13	Sachin Kumar	7055742796	<i>[Signature]</i>	
14	Ashish Kumar Jha	9799590301	<i>[Signature]</i>	
15	Akash Anandhi	7089399631	<i>[Signature]</i>	
16	Aniruddh	7509146750	<i>[Signature]</i>	
17	Rishabh	8517873060	<i>[Signature]</i>	
18	Jaikishan Narayan	7389214070	<i>[Signature]</i>	
19	Jeonender Kumar	8770156173	<i>[Signature]</i>	



# PEOPLE'S UNIVERSITY

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ISO 9001 : 2008 Certified

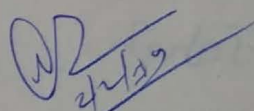
## SCHOOL OF PHARMACY & RESEARCH (Formerly People's Institute of Pharmacy & Research Centre)

Ref. No. PU/SOP&R/Admin/2019/030

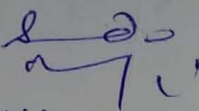
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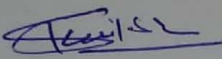
### NOTICE


All the staff members & all the students of B.Pharm are hereby informed an extension activity on "World Cancer Day" would be held on Monday, 4th February 2019. Kindly participate in this activity on "World Cancer Day"


  
Principal, SOP&R

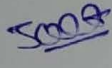
PRINCIPAL  
School of Pharmacy & Research  
(Formerly People's Institute of Pharmacy & Research Centre)  
People's University, Bhopal (M.P.)

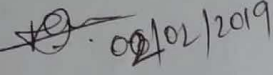
Sunder Dangi 

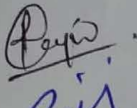
Karishma Salun 

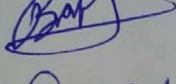
Rupak Nuly 

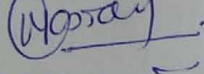
Dr. Bhambhani 

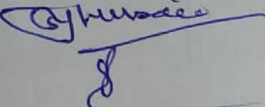
Sumit Chourasia 

OFFER JOHN MOTTAN  02/02/2019

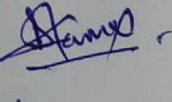
Rajni Dubey 

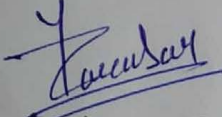
Jitendra Bajaj 

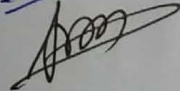
NQREEN ANMEEL 


Yasir Husain 

Sumen

Vivek Singh Kumar 

Yogesh Kumar 

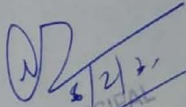
Deepika Sharma 

NoorJahan 

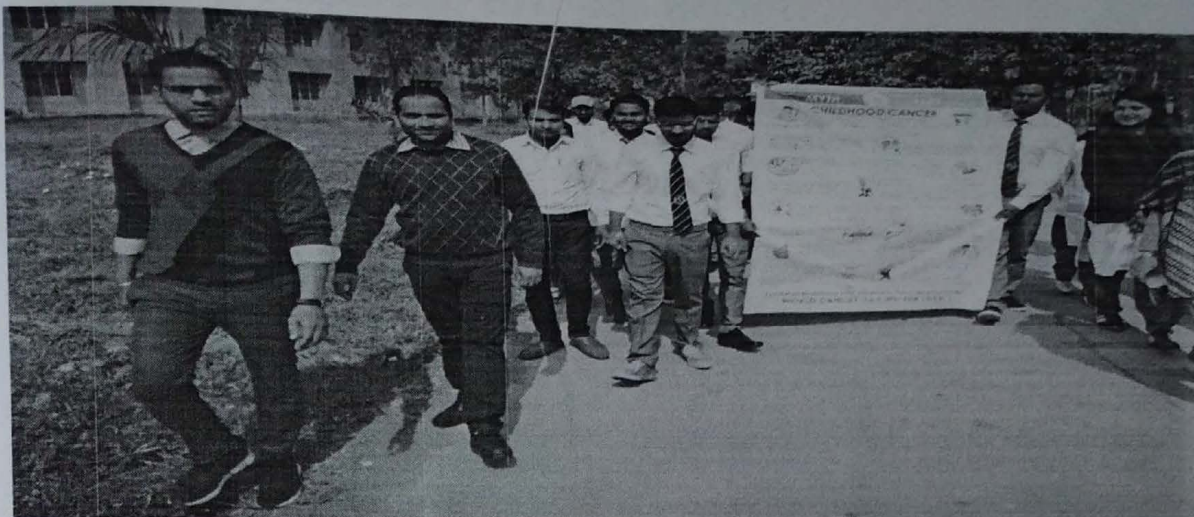
## REPORT OF THE EVENT

An awareness activity on "World Cancer Day" was accomplished by staff members and students of School of Pharmacy and Research, People's University on Monday, 4th February 2019 at nearby campus. In this activity staff members and students made people to encourage & aware of all the precautions, prevention & treatment. Students of B.Pharm as well as staff members participated in this activity - through

awareness rally

  
Principal, SOP&R

School of Pharmacy and Research  
People's Institute of Pharmacy & Research  
People's University, Bhopal (M.P.)



"WORLD CANCER DAY."

04.02.2019.





**School Of Pharmacy and Research, Bhopal** added 3 new photos — with **Surendra Thakur**.

4 Feb at 12:07 pm · 🌐

Monday, 4th February 2019

World Cancer Day

Awareness of cancer and to encourage its prevention, detection, and treatment.



**School Of Pharmacy and Research, Bhopal**

4 Feb at 12:16 pm · 🌐

**CANCER : JUST BEAT IT!**

Student's and faculties @SOP&R, PEOPLE'S UNIVERSITY Creating Awareness on WORLD CANCER DAY.

**#cancerawareness**

**#studentsrally**

**#motivation**

**#pharmacist**

**#committedtohealth**



**WORLD CANCER DAY**

*Principal*  
School of Pharmacy & Research  
Formerly People's Institute of Pharmacy & Research  
People's University, Bhopal

**SCHOOL OF PHARMACY & RESEARCH**

**04th Feb.2019**

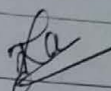
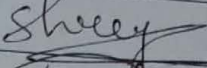
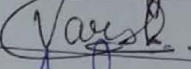
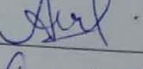
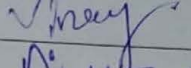
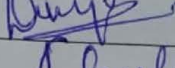
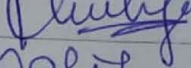
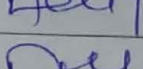
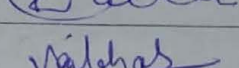
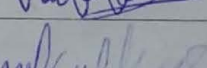
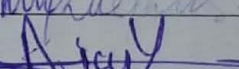
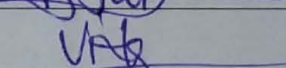
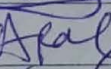
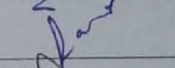

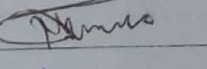
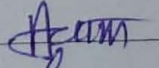
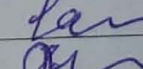
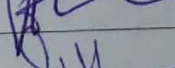
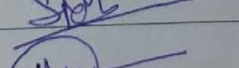
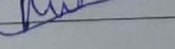
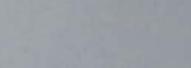
(Facility Participation)

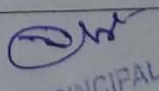
5245

25/11/2023

PRINCIPAL  
School of Pharmacy & Research  
(Formerly People's Institute of Pharmacy & Research)  
People's University, Bhi

**People's University**  
**School of Pharmacy & Research**  
**World cancer day**  
 04<sup>th</sup> Feb 2019  
 Attendance sheet

S.N.	Name of Student	Signature	Remark
01	Rashi		
02	Shreya		
03	Vaisha		
04	Abhishek		
05	Vinay		
06	Ditya		
07	Khadija		
08	Adil		
09	Aqib		
10	Kaleem		
11	Vaibhav		
12	Mukul Kumar		
13	Deepesh Jain		
14	Vikash		
15	Amrita Pal		
16	Jai		
17	Manish Kashem		
18	Nitish Shukla		
19	Aadesh pal		
20	Lakshmi		
21	Ankit		
22	<del>Sudhanshu</del> Sudhanshu		
23	Moashu		

  
**PRINCIPAL**  
 School of Pharmacy & Research  
 (Formerly People's Institute of Pharmacy & Research) People's University, Bhopal (M.P.)

# EXTENSION ACTIVITY

17/11/2018



"Awareness Activity on ZIKA VIRUS"





**PEOPLE'S UNIVERS**

Established by MP Act No. 18 of 2011 & approved by 2011/12/20

ISO 9001 : 2008 Certified

## SCHOOL OF PHARMACY & RESEARCH

No: SOP&R/17/14367

Date: 04/10

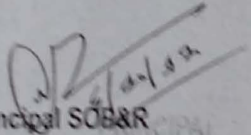
To,  
The Hon'ble Vice Chancellor,  
People's University  
Bhopal (M.P.)

Subject: Regarding celebration of Swachh Bharat Abhiyaan  
Respected Sir,

With reference to subject cited above, we carried out Swachh Bharat Abhiyan at School of Pharmacy & Research on  
October 2017.

Thanking you,

Sincerely,

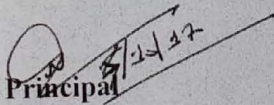
  
Principal SOB&R

School of Pharmacy & Research

Encl:- Report of the event

## REPORT OF THE EVENT

Swachh Bharta Abhiyaan was carried out at School of Pharmacy & Research, People's University, Bhopal on 3<sup>rd</sup> October 2017. On this occasion trees were planted in the campus and students initiated to clean the campus by picking up the waste materials. Students took part with full enthusiasm including the faculties. Principal Dr. Neeraj Upmanyu also motivated the students and actively took part to make the abhiyaan successful.

  
Principal

**SOP&R**

School of Pharmacy & Research  
People's Institute of Pharmacy & Research Center  
People's University, Bhopal (M.P.)

**PEOPLE'S UNIVERSITY**  
**SCHOOL OF PHARMACY & RESEARCH**

B.Pharm V Semester

3rd Oct 2017

S.No.	Name of Student	Signature
1.	Aastha Soni	<del>Aastha</del>
2.	Abhishek Dangi	NP
3.	Aiman Khan	NP
4.	Akash Verma	<del>Akash</del>
5.	Anam Khan	NP
6.	Ankit Kirar	NP
7.	Archana Kumari	<del>Archana</del>
8.	Arun kumar jataw	<del>Arun</del>
9.	Ayush Khandelwal	<del>Ayush</del>
10.	Bhavesk Kumar	NP
11.	Deepesh Jain	NP
12.	Durgesh Keer	NP
13.	Faisal Khan	NP
14.	Gaurav Pandey	<del>Gaurav</del>
15.	Kalpana Kushwah	NP
16.	Mahendra Malviya	NP
17.	Manasvi Dubey	NP
18.	Manu Priya	Manu Priya.
19.	Mayank Chourasiya	<del>Mayank</del>
20.	Mradul Sharma	<del>Mradul</del>
21.	Mukul Kumar	Mukul Kumar.
22.	Nagma Jahan	NP
23.	Nansi Thakur	NP
24.	Nitesh Shukla	NP
25.	Nusrat Jahan	NP
26.	Nutan Bharti	Nutan
27.	Palak Agrawal	NP
28.	Praveen Rai	NP
29.	Rahul Verma	NP
30.	Raj Soni	NP
31.	Rakhi Dixti	NP
32.	Ravi Kumar Yadav	Ravi
33.	Rubina Khan	NP
34.	Shailesh Kirar	NP
35.	Shweta Soni	<del>Shweta</del>
36.	Sudhanshu Lekhranjani	<del>Sudhanshu</del>
37.	Sumit John Kumar	NP
38.	Tamanna Sahitya	Tamanna Sahitya
39.	Rahul Kumar	<del>Rahul</del>
40.	Dheeraj Jayas	NP
41.	Maneesh Kumar Keshari	<del>Maneesh</del>
42.	Santosh Kushwah	NP
43.	Novodit George	NP
44.	Pooja Kushwah	NP
45.	Abhishek Sagar	NP

**School of Pharmacy & Research**  
**B.Pharm III Sam.**

S.No	Name of Students	Signature	
1	Aadesh Pal		
2	Abhishek Jha		
3	Adil Abbas		
4	Akash kumar Awasthi		
5	Akshay Kumar Sahu		
6	Amita Pal		
7	Anand Paswan		
8	Anand Kumar		
9	Anil Prajapati		
10	Aniruddha Verma		
11	Ankit Kumar Jha		
12	Ankit Kumar Tiwari		
13	Aniket Lodhi		
14	Ayush Sahu		
15	Deepshikha Prasad		
16	Dheeraj Nagar		
17	Dhirendra Singh		
18	Dhruv Richhariya		
19	Divya Gohil		
20	Harshit Goutam		
21	Jaikishan Jareliya		
22	Jeevendra Kumar Jayswal		
23	Kaleem Khan		
24	Khadija Raqeeb		
25	MD. Aqib Alam		
26	MD. Sahib Khalid		
27	Mohini Sahu		
28	Naresh Patidar		
29	Neeraj Rajput		
30	Nikhil Kanathey		
31	Nimra Khanam		
32	Parineeta Choudhary		
33	Pawan Karnodiya		
34	Pintu Das		
35	Prakash Singh Chauhan		

**School of Pharmacy & Research**  
**B.Pharm III Sam.**

36	Rashi Bajaj	<u>Lashu</u>
37	Rishabh Khandelwal	<u>Rishabh Khandelwal</u>
38	Rudra Pratap Singh Solanki	<u>NP</u>
39	Sachin Kumar	<u>NP</u>
40	Santosh Kumar Gurjar	<u>Gurjar</u>
41	Satyabhavna Sakre	<u>Satyabhavna</u>
42	Shara Jahan	<u>Shara</u>
43	Shreya Khanna	<u>Shreya</u>
44	Shubham Gour	<u>Shubham</u>
45	Shubham Rajak	<u>NP</u>
46	Shubham Tomar	<u>NP</u>
47	Sonu Lodhi	<u>NP</u>
48	Umang Verma	<u>NP</u>
49	Vaibhav Yadav	<u>Umang</u>
50	Varsha Kishore	<u>NP</u>
51	Vikash Joshi	<u>Varsha</u>
52	Vinay Prabhakar	<u>Vikash</u>
53	Vineet Nagar	<u>Vinay</u>
54	Wesly Wilson Thomas	<u>Wesly</u>
55	Akhil Tiwari	<u>Akhil</u>
		<u>NP</u>

## पीपुल्स के स्टूडेंट्स ने वृद्धों को बताए औषधि लेने के तरीके



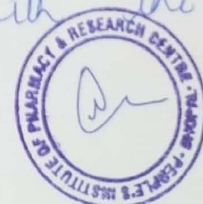
पीपुल्स यूनिवर्सिटी की संबंधित इकाई स्कूल ऑफ फार्मेसी एंड रिसर्च में गत दिवस शिक्षकों ने छात्रों के साथ आनंद धाम श्रम में जाकर वृद्धजनों को औषधि के सही उपयोग की जानकारी दी। स्कूल ऑफ फार्मेसी एंड रिसर्च के प्राध्यापक डॉ. नारज उपमन्यु एवं शिक्षक अमोल चंदेकर एवं ईशा गंजू ने औषधि के सही, गलत उपयोगों के बारे में बताया। बीफार्मा द्वितीय वर्ष के छात्रों ने वृद्धाश्रम में उपलब्ध औषधि को उपयोग के हिसाब से अलग खंडों में बांटकर सेवन की जानकारी दी। दवाइयों से संबंधित निर्देश वृद्धजनों को अमोल चंदेकर एवं ईशा गंजू द्वारा दिए गए, जिसे वृद्धाश्रम में काफी सराहा गया।



# EXTENSION ACTIVITY AT ANAND OLD AGE HOME



Mr. Amol chandekar (Asst. Prof) & (R) Mrs. Lisha  
Ganju (Asst. Prof) interacting with the head  
of old age home.





Students of SOP&R with old age  
home people.





# PEOPLE'S UNIVERSITY

(Established by MP Act No. 18 of 2011 & approved u/s 2 (f) of UGC Act 1956)

ISO 9001 : 2008 Certified

## SCHOOL OF PHARMACY & RESEARCH

No: SOP&R/15/3655

Date: 16/12/2015

To,  
The Hon'ble Vice Chancellor,  
People's University  
Bhopal (M.P.)

Subject: Approval for conducting extension activity on date 18- 19/12/2015 Dist. Raisen & Barasiya.

Respected Sir,

As per the subject cited above, we are looking forward for your kind approval for conduction an awareness program regarding dengue & swine flue at different schools of Raisen & Barasiya from 18/12/2015 to 19/12/2015. For motivating the students of schools and to recognize the institute & university, we are in need of Rs 1500/- in term of prize distribution and mementoes for the schools.

Thanking you,

Sincerely,

Prof. (Dr.) Neeraj Upmanyu  
Principal In-charge, SOP&R  
& Research Centre, Bhopal

Recommended & forwarded to  
Hon'ble Director Administration  
for kind sanction of Rs. 1500/- only

V. Vardya  
17-12-15

Copy to - Hon'ble  
Director Administration

VC's SECT  
Despatch No. 1749  
Date: 17/12/15

Amul  
17/12/15



# PEOPLE'S UNIVERSITY

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Copy to - Hon'ble Director administration

Recommended & forwarded to  
Hon'ble Director Administration  
for kind sanction of Rs. 1500/- only

V. V. V.  
17-12-15

VC's SECT  
Despatch No. 1749  
Date... 17.12.15

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17/12/15



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CBSE Class 12 Question Bank CD

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Sainik

Question Bank CD

School Automation Softwares

## Schools in Raisen

### Madhya Pradesh :: Raisen Schools ::



Click to Add Your Schools Information

School Name : Chavara Vidya Bhavan

School Type : Catholic School

Address :

Mandideep

Raisen - 462048

Madhya Pradesh

Phone Number : -

Fax Number : -

E-Mail : -

Website : -

School Name : Jawahar Navodaya Vidyalaya

School Type : Jawahar Navodaya Vidyalaya School

Address :

Bari P.O

Raisen - 464665

Madhya Pradesh

Phone Number : 07886-285246, 285245

Fax Number : -

E-Mail : dm@mp.raisen.mp.nic.in

Website : -

Click to Update

Click to Update

School Name : Maharishi Vidya Mandir

School Type : Maharishi Vidya Mandir School

Head Principal Name : Mr. V. S. Bhati

Address :

Vijay Colony,

School Name : Maharishi Vidya Mandir

School Type : Maharishi Vidya Mandir School

Head Principal Name : Ms. Kusum Dubey

Address :

Tajpur,

Station Road  
Obedullaganj  
Raisen - 464993  
Madhya Pradesh

Phone Number : -  
Fax Number : -  
E-Mail : -  
Website : -

[Click to Update](#)

School Name : St. Francis Convent School  
Level: Higher Secondary  
School Type : Catholic School  
Address :

Raisen - 464551  
Madhya Pradesh  
Phone Number : -  
Fax Number : -  
E-Mail : -  
Website : -

[Click to Update](#)

School Name : St. Thomas Convent School  
School Type : Catholic School  
Address :

Begumganj  
Raisen - 464881

Sagar Road  
Raisen - 464551  
Madhya Pradesh

Phone Number : -  
Fax Number : -  
E-Mail : -  
Website : -

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School Name : St. Thomas Convent High School  
School Type : High School  
Address :

Begumganj  
Raisen - 464881  
Madhya Pradesh  
Phone Number : 07487-72219  
Fax Number : -  
E-Mail : -  
Website : -

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Madhya Pradesh

Phone Number : -

Fax Number : -

E-Mail : -

Website : -

[Click to Update](#)

### Raisen City Schools Complete Address Listing Directory Website

School Tags : chavara vidya bhavan . jawahar navodaya vidyalaya . maharishi vidya mandir . maharishi vidya mandir . st. francis convent school . st. thomas convent high school . st. thomas convent school .

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- ♦ School Furnitures
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- ♦ School Book Sellers
- ♦ School Lab Equipments & Materials Suppliers
- ♦ School Stationaries
- ♦ School Computer Lab Suppliers
- ♦ School Book Shops
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School Admission

Secondary School

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### Schools in Raisen, Madhya Pradesh

List of Schools in Raisen, Madhya Pradesh

Total Schools: 7

#### Agarwal Academy

(<https://targetstudy.com/school/58927/agarwal-academy/>)

Vidisha Sanchi Road Gram Kamapar, Sanchi

Raisen - 464661, Madhya Pradesh, India

Phone: (07592) 280006

Mobile : 9827654690

Details:

Play - Class V

CBSE Board

Private School

Co-Educational School



More (<https://targetstudy.com/school/58927/agarwal-academy/>)

#### Jawahar Navodaya Vidyalaya

(<https://targetstudy.com/school/54459/jawahar-navodaya-vidyalaya/>)



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(<https://targetstudy.com/school/schools-in-andaman-and-nicobar-islands.html>)

Bari- Hoshangabad Road Bari  
Raisen - 464665, Madhya Pradesh, India  
Phone: (07486) 285246

**Details:**

Class V - Class XII  
CBSE Board  
Government School (Navodaya Vidyalaya)  
Co-Educational School



🔗 **More** (<https://targetstudy.com/school/54459/jawahar-navodaya-vidyalaya/>)

**Raj Heights-The Global School**

(<https://targetstudy.com/school/76188/raj-heights-the-global-school/>)  
NH-12, Main Road, Between Mandideep and Obedullaganj, Village-Simrai,  
P.O. Obedullaganj  
Raisen - 464993, Madhya Pradesh, India  
Phone: (07480) 281120  
Mobile : 9301034478, 9179539477

**Details:**

Senior Secondary School  
CBSE Board  
Private School  
Co-Educational School  
Established in 2008

🔗 **More** (<https://targetstudy.com/school/76188/raj-heights-the-global-school/>)

**Saraswati Shishu Vidya Mandir**

(<https://targetstudy.com/school/44778/saraswati-shishu-vidya-mandir/>)

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34, Begamganj Road  
Raisen - 464881, Madhya Pradesh, India  
Phone: (07487) 272129

**Details:**

Class V - Class X  
Private School  
Co-Educational School

More (<https://targetstudy.com/school/44778/saraswati-shishu-vidya-mandir/>)

**Shemford Futuristic School**

(<https://targetstudy.com/school/58503/shemford-futuristic-school/>)

Near- Silwani Gandhi Chauaha, Tehsil Silwani  
Raisen, Madhya Pradesh, India  
Mobile : 9893640214, 7415660471

**Details:**

Senior Secondary School  
CBSE Board  
Private School  
Co-Educational School



More (<https://targetstudy.com/school/58503/shemford-futuristic-school/>)

**Shemrock Group of Preschool**

(<https://targetstudy.com/school/60176/shemrock-group-of-preschool/>)

Udaipura  
Raisen, Madhya Pradesh, India  
Mobile : 9691536364, 9691536364

**Details:**

Play School  
Private School  
Co-Educational School

More (<https://targetstudy.com/school/60176/shemrock-group-of-preschool/>)

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SCHOOL OF PHARMACY & RESEARCH

No: SOP&R/15/3860

Date: 17/12/2015

To,  
The Hon'ble Vice Chancellor,  
People's University,  
Bhopal (M.P.)

Subject: Regarding information of constitution of team for extension activity

Respected Sir,

With reference to the subject cited above, a team of faculty members has been constituted to carry out various activities in the nearby areas of Bhopal. This team was decided on the meeting which was held on 05.11.15.

Sl. No.	Name of the faculty	Designation
1	Mr. Anup K. Chakraborty	Asstt. Professor
2	Mr. Nitin Dwivedi	Asstt. Professor
3	Mr. Tarani P. Shrivastava	Asstt. Professor
4.	Mr. Amol Chandekar	Asstt. Professor

In next activity, another team is planning for blood camp and other related activity as decided in the meeting dated 05/11/15.

Thanking you,

Sincerely,

Principal, SOP&R

People's Institute Of Pharmacy  
& Research Centre, Bhopal

**PEOPLES'S UNIVERSITY**

**SCHOOL OF PHARMACY & RESEARCH**

**DENGUE & DENGUE  
HEMORRHAGIC FEVER**

***PRESENTED BY***

***Mr. Nitin Dwivedi***

***Mr. Tarani P. Shrivastava***

***Mr. Anup K. Chakarborty***

***Mr. Amol Chandekar***

# Epidemiology

- In India first outbreak of dengue was recorded in 1812
- A double peak hemorrhagic fever epidemic occurred in India for the first time in Calcutta between July 1963 & March 1964
- In New Delhi, outbreaks of dengue fever reported in 1967, 1970, 1982, & 1996

# **BURDEN OF DISEASE IN S.E.ASIA**

- **CATEGORY-A (INDONESIA,MYANMAR,AND THAILAND)**
- **CATEGORY-B  
(INDIA,BANGALADESH,MALDIVES,AND SRILANKA)**
- **CATEGORY-C (BHUTAN, NEPAL)**
- **CATEGORY-D (DPR KOREA)**

## **Dengue Virus**

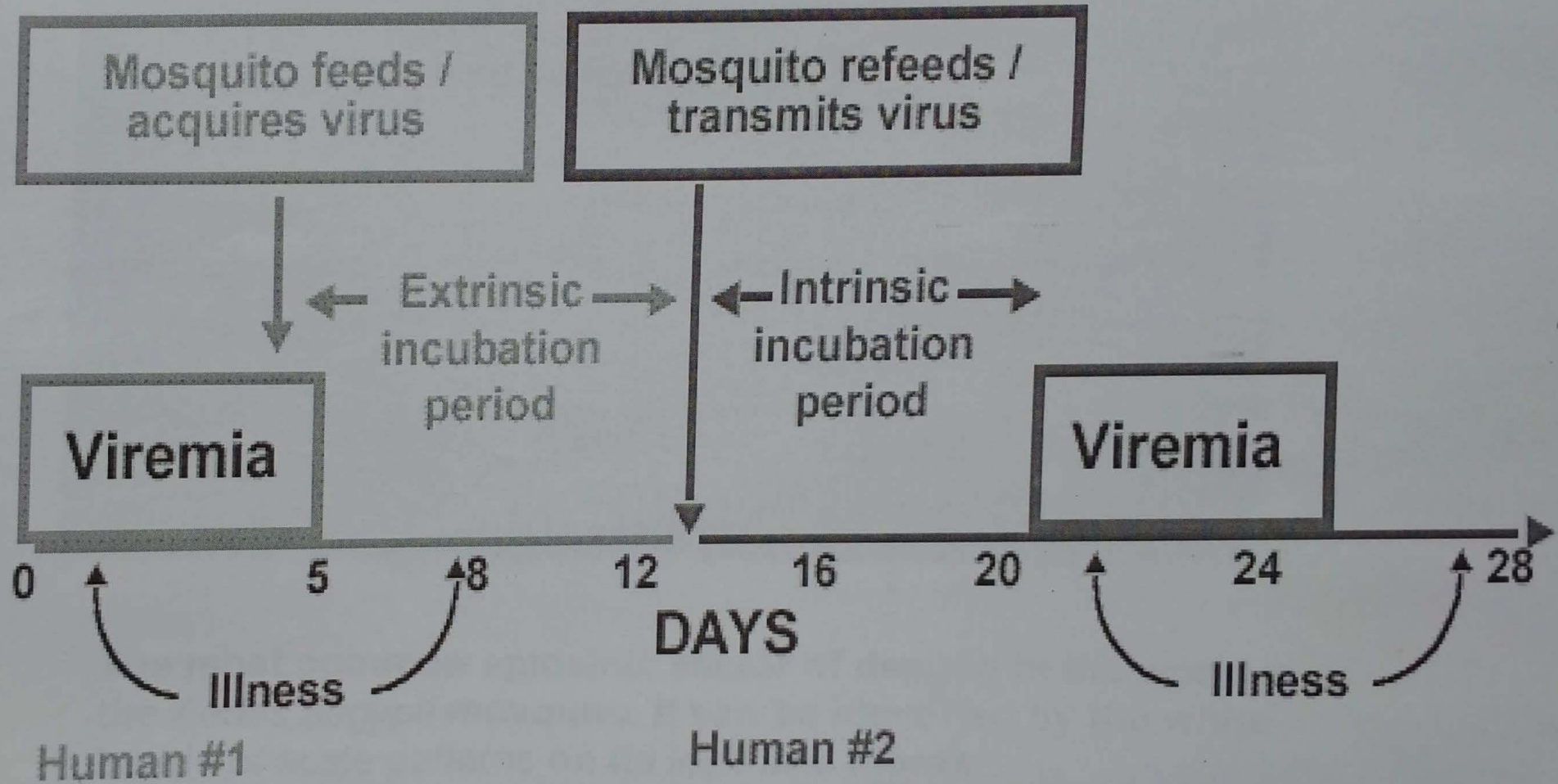
- **Each serotype provides specific lifetime immunity, and short-term cross-immunity**
- **All serotypes can cause severe and fatal disease**
- **Genetic variation within serotypes**
- **Some genetic variants within each serotype appear to be more virulent or have greater epidemic potential**

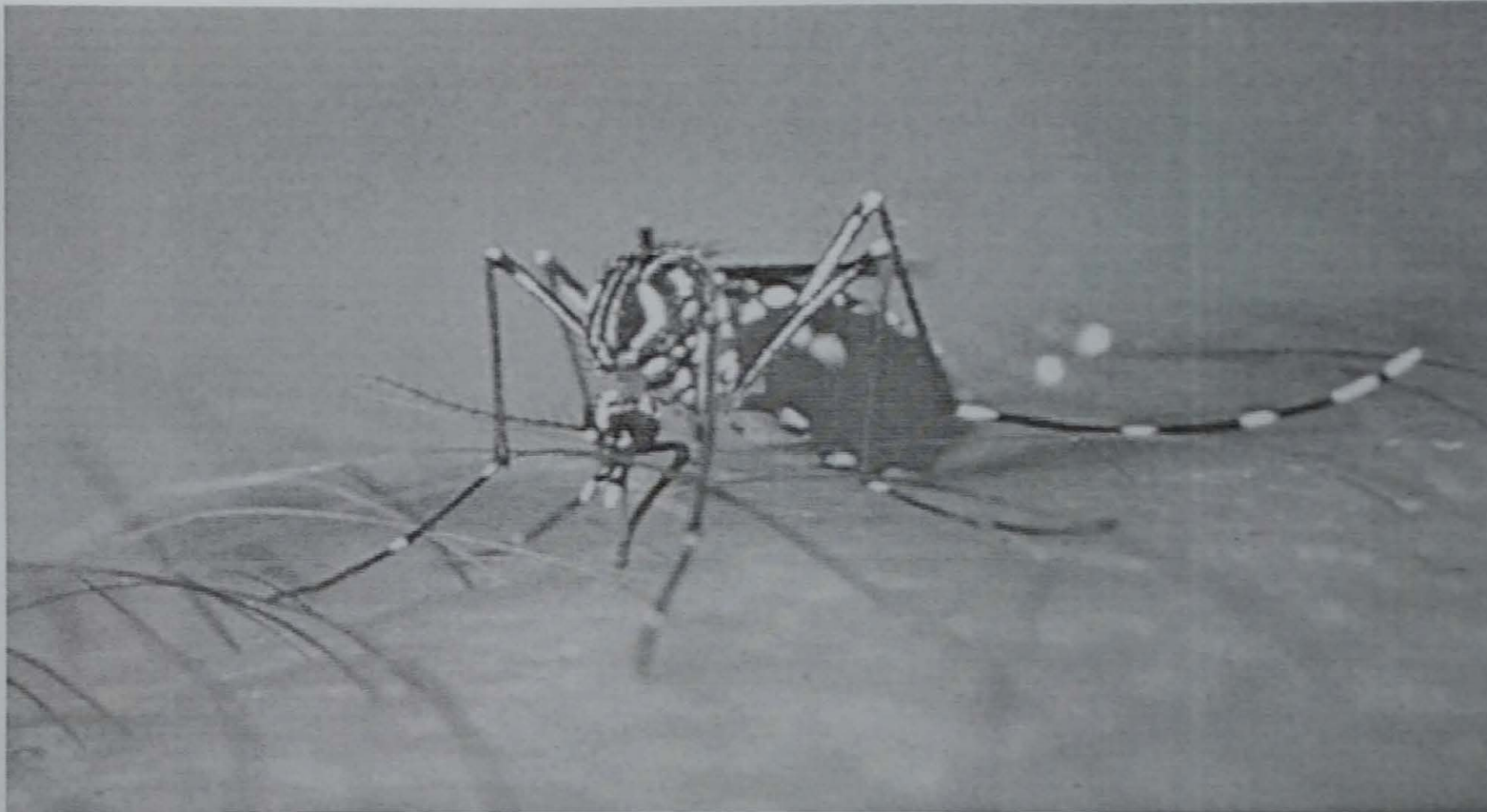
## **Dengue Virus**

- 1. Causes dengue and dengue hemorrhagic fever**
- 2. It is an arbovirus**
- 3. Transmitted by mosquitoes**
- 4. Composed of single-stranded RNA**
- 5. Has 4 serotypes (DEN-1, 2, 3, 4)**

## **Dengue Virus**

- **Each serotype provides specific lifetime immunity, and short-term cross-immunity**
- **All serotypes can cause severe and fatal disease**
- **Genetic variation within serotypes**
- **Some genetic variants within each serotype appear to be more virulent or have greater epidemic potential**





**The most common epidemic vector of dengue in the world is the *Aedes aegypti* mosquito. It can be identified by the white bands or scale patterns on its legs and thorax.**

They are approximately 5 mm in size:  $\frac{1\text{mm}}{5\text{mm}}$



Magnified 5 times

**D**engue mosquitos bite in the early morning and the late afternoon.

## ***Aedes aegypti***

- Dengue transmitted by infected female mosquito
- Primarily a daytime feeder
- Lives around human habitation
- Lays eggs and produces larvae preferentially in artificial containers

## **Clinical Characteristics of Dengue Fever**

- Fever
- Headache
- Muscle and joint pain
- Nausea/vomiting
- Rash
- Hemorrhagic manifestations

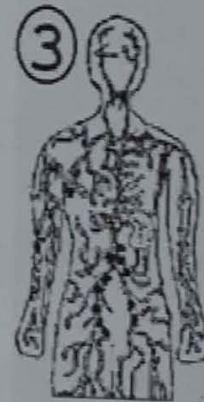
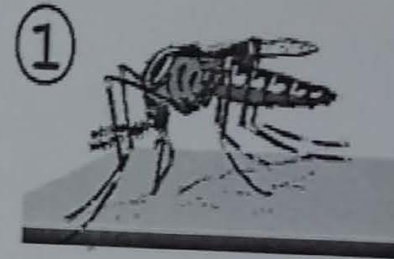
**Patients may also report other symptoms, such as itching and aberrations in the sense of taste, particularly a metallic taste. In addition, there have been reports of severe depression after the acute phase of the illness.**

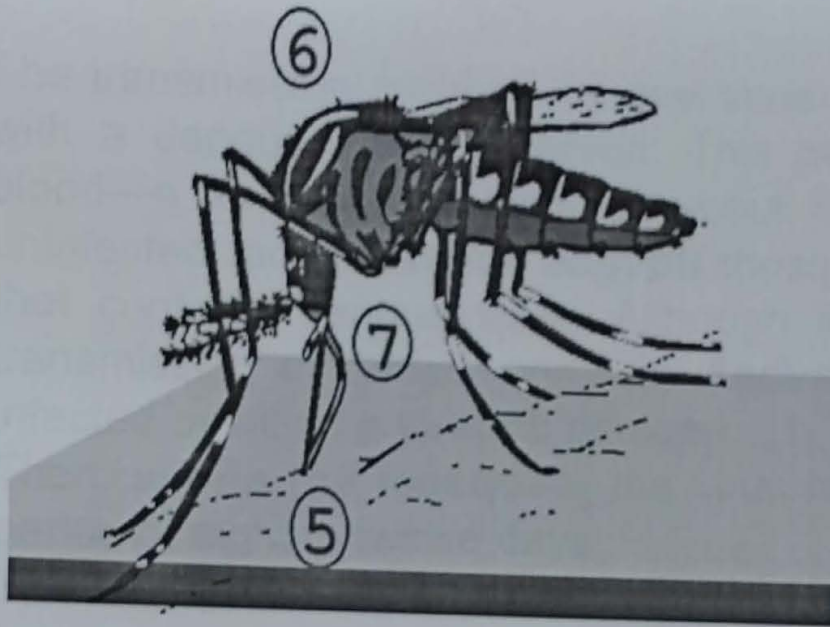
1. The virus is inoculated into humans with the mosquito saliva.

2. The virus localizes and replicates in various target organs, for example, local lymph nodes and the liver.

3. The virus is then released from these tissues and spreads through the blood to infect white blood cells and other lymphatic tissues.

4. The virus is then released from these tissues and circulates in the blood.





5.The mosquito ingests blood containing the virus.

6.The virus replicates in the mosquito midgut, the ovaries, nerve tissue and fat body. It then escapes into the body cavity, and later infects the salivary glands.

7.The virus replicates in the salivary glands and when the mosquito bites another human, the cycle continues.

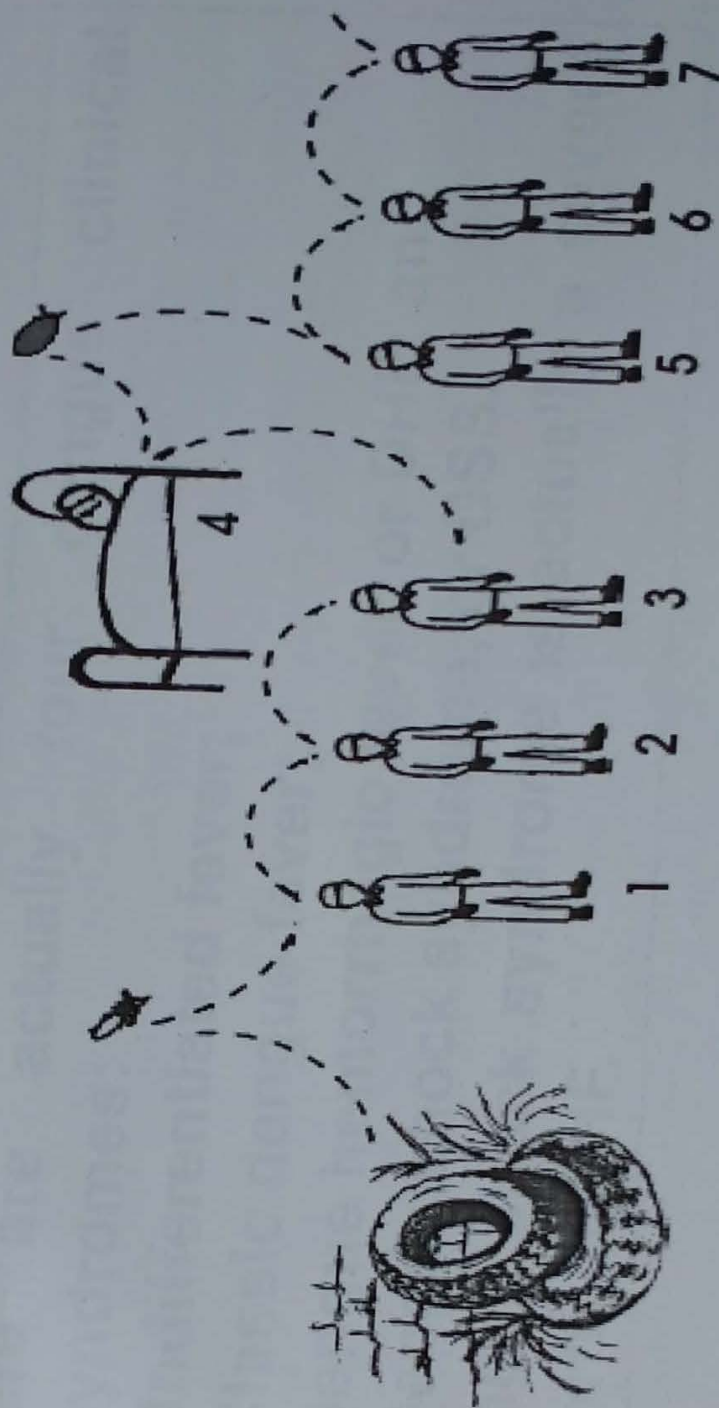
The transmission cycle of dengue virus by the mosquito *Aedes aegypti* begins with a dengue-infected person. This person will have virus circulating in the blood—a **viremia** that lasts for about five days. During the viremic period, an uninfected female *Aedes aegypti* mosquito bites the person and ingests blood that contains dengue virus. Although there is some evidence of transovarial transmission of dengue virus in *Aedes aegypti*, usually mosquitoes are only infected by biting a **viremic** person.

Then, **within the mosquito**, the virus replicates during an **extrinsic** incubation period of eight to twelve days.

The mosquito then bites a susceptible person and transmits the virus to him or her, as well as to every other susceptible person the mosquito bites for the rest of its lifetime.

The virus then replicates in the second person and produces symptoms. The symptoms begin to appear an average of four to seven days after the mosquito bite—this is the **intrinsic** incubation period, **within humans**. While the intrinsic incubation period averages from four to seven days, it can range from three to 14 days.

The **viremia** begins slightly before the onset of symptoms. Symptoms caused by dengue infection may last three to 10 days, with an average of five days, after the onset of symptoms—so the illness persists several days after the **viremia** has ended.



**There are actually four dengue clinical syndromes:**

- 1. Undifferentiated fever;**
- 2. Classic dengue fever;**
- 3. Dengue hemorrhagic fever, or DHF; and**
- 4. Dengue shock syndrome, or DSS.**

**Dengue shock syndrome is actually a severe form of DHF.**

## **Clinical Case Definition for Dengue Fever**

Classical Dengue fever or Break bone fever is an acute febrile viral disease frequently presenting with headaches, bone or joint pain, muscular pains, rash, and leucopenia

## **Clinical Case Definition for Dengue Hemorrhagic Fever**

### **4 Necessary Criteria:**

1. Fever, or recent history of acute fever
2. Hemorrhagic manifestations
3. Low platelet count (100,000/mm<sup>3</sup> or less)
4. Objective evidence of “leaky capillaries:”
  - elevated hematocrit (20% or more over baseline)
  - low albumin
  - pleural or other effusions

## Clinical Case Definition for Dengue Shock Syndrome

- 4 criteria for DHF

+

- Evidence of circulatory failure manifested indirectly by all of the following:

- Rapid and weak pulse

- Narrow pulse pressure ( $\leq 20$  mm Hg) OR hypotension for age

- Cold, clammy skin and altered mental status

- Frank shock is direct evidence of circulatory failure

## **Hemorrhagic Manifestations of Dengue**

- Skin hemorrhages:  
petechiae, purpura, ecchymoses
- Gingival bleeding
- Nasal bleeding
- Gastrointestinal bleeding:  
Hematemesis, melena, hematochezia
- Hematuria
- Increased menstrual flow

## **Signs and Symptoms of Encephalitis/Encephalopathy Associated with Acute Dengue Infection**

- Decreased level of consciousness:  
lethargy, confusion, coma
- Seizures
- Nuchal rigidity
- Paresis

## Four Grades of DHF

### Grade 1

Fever and nonspecific constitutional symptoms  
Positive tourniquet test is only hemorrhagic manifestation

### Grade 2

Grade 1 manifestations + spontaneous bleeding

### Grade 3

Signs of circulatory failure (rapid/weak pulse, narrow pulse pressure, hypotension, cold/clammy skin)

### Grade 4

Profound shock (undetectable pulse and BP)

## Danger Signs in Dengue Hemorrhagic Fever

- Abdominal pain - intense and sustained
- Persistent vomiting
- Abrupt change from fever to hypothermia, with sweating and prostration
- Restlessness or somnolence

\* All of these are signs of impending shock and should alert clinicians that the patient needs close observation and fluids.

### Four Criteria for DHF:

- Fever
- Hemorrhagic manifestations
- Excessive capillary permeability
- $\leq 100,000/\text{mm}^3$  platelets

### Initial Warning Signals:

- Disappearance of fever
- Drop in platelets
- Increase in hematocrit

### Alarm Signals:

- Severe abdominal pain
- Prolonged vomiting
- Abrupt change from fever to hypothermia
- Change in level of consciousness (irritability or somnolence)

### When Patients Develop DSS:

- 3 to 6 days after onset of symptoms

This thermometer illustrates the developments in the illness that are progressive warning signs that DSS may occur.

The initial evaluation is made by determining how many days have passed since the onset of symptoms.

Most patients who develop DSS do so 3-6 days after onset of symptoms. Therefore, if a patient is seven days into the illness, it is likely that the worst is over.

If the fever goes between three and six days after the symptoms began, this is a warning signal that the patient must be closely observed, as shock often occurs at or around the disappearance of fever.

Other early warning signs to be alert for include a drop in platelets, an increase in hematocrit, or other signs of plasma leakage.

If you document hemoconcentration and thrombocytopenia and other signs of DHF and the patient meets the criteria for DHF, the prognosis and the patient's risk category have changed. Though dengue fever does not often cause fatalities, a greater proportion of DHF cases are fatal.

The next concern would be observation of the danger signs—severe abdominal pain, change in mental status, vomiting and abrupt change from fever to hypothermia. These often herald the onset of DSS.

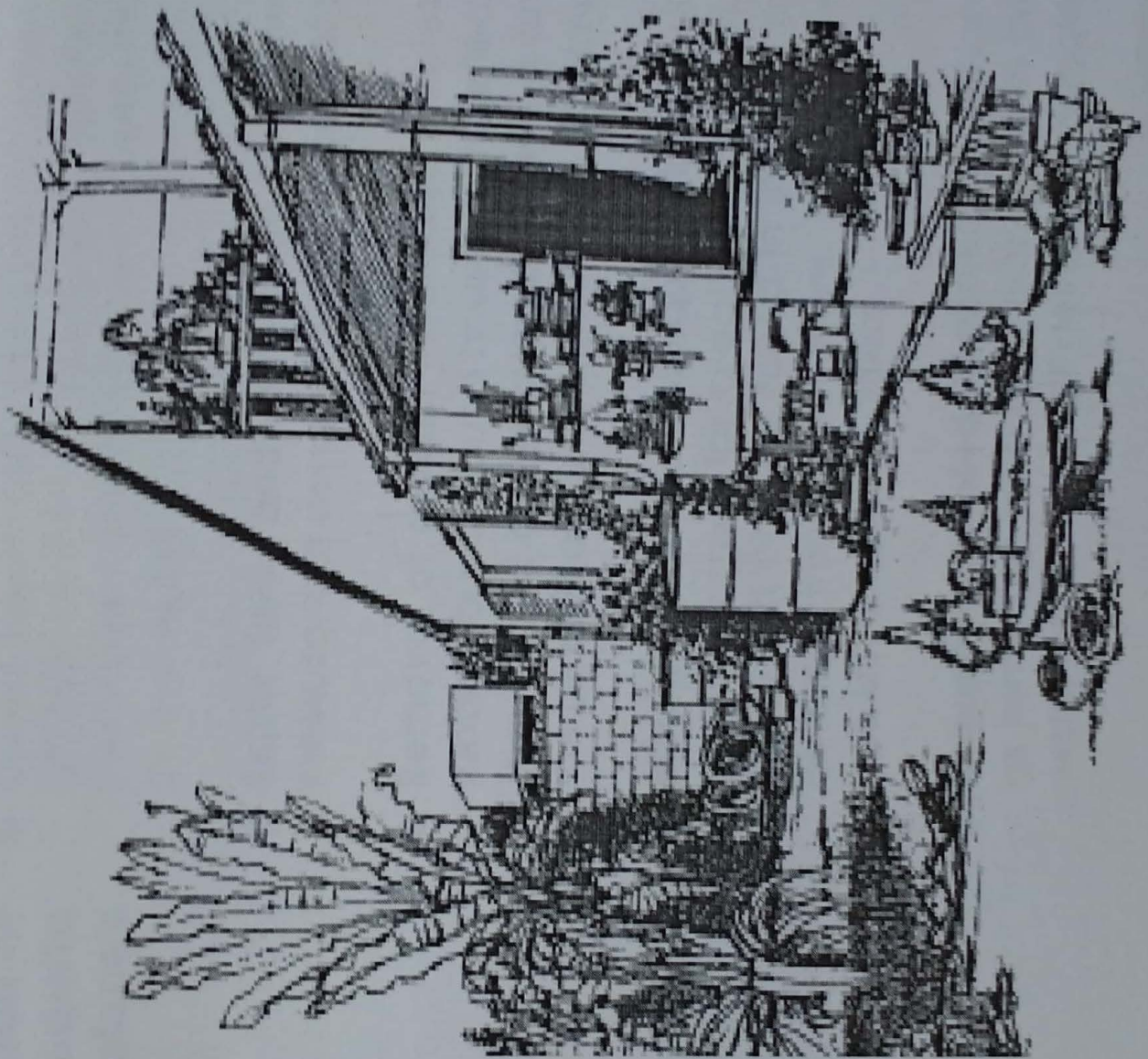
The goal of treatment is to prevent shock. The plasma leakage syndrome is self-limited. If you can support the patient through the plasma leakage phase and provide sufficient fluids to prevent shock, the illness will resolve itself.

- *Increasing urban populations*
- *Expanding mosquito breeding due to:*
  - ✧ *Unreliable water supply*
  - ✧ *Traditional water storage practices*
  - ✧ *Poor garbage collection (creates more mosquito breeding places)*
  - ✧ *Changing lifestyles*
- *Rapid transportation:*
  - ✧ *Movement of infected humans*
  - ✧ *Spread of dengue mosquitos*

*Other related factors: inadequate health education, limited financial resources, insufficient mosquito control programmes, and resistance of mosquitos to insecticides.*

## **Purpose of Control**

- Reduce female vector density to a level below which epidemic vector transmission will not occur
- Based on the assumption that eliminating or reducing the number of larval habitats in the domestic environment will control the vector
- The minimum vector density to prevent epidemic transmission



## 1. Elimination of mosquito breeding places

- **Cover water containers**—Tight covers on water storage containers, will prevent the mosquitos laying their eggs there. If the cover is loose, mosquitos can go in and out.
- **Septic tanks and soak-away pits**—Cover and seal these, so that dengue mosquitos cannot breed there.
- **Removal of rubbish**—Garbage articles and other rubbish found around houses can collect rain water. They should be removed or smashed and buried in the ground or burned, where this is permissible.
- **Biological control**—Mosquito wigglers can be controlled by small larva-eating fish, such as guppies. These fish can be found in streams or ponds or obtained through pet shops. Bacterial pesticides will also kill mosquito wigglers.
- **Chemical control**—Safe and easily used larvicides such as temephos sand core granules can be placed in water containers to kill developing wigglers.

## 2. Prevent mosquito bites

People can protect themselves from mosquito bites by using any of the following means—

- **Mosquito coils and electric vapour mats**—Slow burning mosquito coils or electric vapour mats are effective in the rainy season, just after sunrise and/or in the afternoon hours before sunset, when dengue mosquitos bite.
- **Mosquito nets**—Nets placed over sleeping places can protect small children and others who may rest during the day. The effectiveness of such nets can be improved by treating them with permethrin (a pyrethroid insecticide). Curtains (cloth or bamboo) can also be treated with insecticide and hung at windows or doorways, to repel or kill mosquitos.
- **Repellents**—Mosquito repellents can be applied to exposed parts of the body where mosquitos bite. Care should be taken in using repellents on small children and the elderly.
- **Screens**—Screens on windows and doorways are effective protection against the entry of mosquitos in homes.
- **Protection of people sick with dengue**—Mosquitos become infected when they bite people who are sick with dengue. Mosquito nets and mosquito coils will effectively prevent mosquitos from biting sick people and help stop the spread of dengue.

# **LABORATORY CRITERIA**

- **ISOLATION OF DENQUE VIRUS**
- **INCREASED IgM OR IgM ANTIBODIES TITRES**
- **DENQUE ANTIGEN DETECTION BY IMMUNOHISTOCHEMISTRY,IMMUNOFLUROSCENCE,ELISA**
- **PCR**
- **LEUCOPENIA,THROMPOCYTOPENIA**

- **Provision of reliable water supply**

A reliable water supply is vital to prevent dengue fever. Water shortages force people to store water, providing breeding places for dengue mosquitos.

- **Reliable rubbish collection**

Regular garbage collections will reduce potential mosquito breeding sites.

- **House-to-house inspections to control mosquito breeding**

Where appropriate, house-to-house inspections will determine whether mosquitos are breeding around the houses. Inspectors can teach household members how to prevent mosquito breeding.

- **Health education campaigns**

The first step in action against the dengue mosquito is to inform communities about what dengue is and what measures can be taken to combat it.

## **Vector Control Methods:**

### **Biological and Environmental Control**

- **Biological control**

- Largely experimental
- Option: place fish in containers to eat larvae

- **Environmental control**

- Elimination of larval habitats
- Most likely method to be effective in the long term

## **Vector Control Methods:**

### **Chemical Control:**

- Larvicides may be used to kill immature aquatic stages
- Ultra-low volume fumigation against adult mosquitoes
- Mosquitoes may have resistance to commercial aerosol sprays

**BIOLOGICAL CONTROL** methods are not widely used and are primarily experimental. One option in which biological control is often used, however, is the placement of small fish that eat mosquito larvae in certain containers, such as decorative fountains or 55-gallon drums. Recently, a few countries have also reported success in controlling larvae with copepods, small invertebrate crustaceans that feed on first- and second-stage mosquito larvae.

**ENVIRONMENTAL CONTROL** involves eliminating or controlling the larval habitats where the mosquito lays her eggs and the immature mosquitoes develop. This includes emptying water from containers or covering containers that are being used, cleanup campaigns to dispose of containers that are not being used, and improving water supplies so that there is less need to store water in containers. Since chemical control is generally restricted to containers that cannot otherwise be eliminated or managed, and biological control is still largely experimental, environmental methods are likely to be the most effective for long-term control of *Aedes aegypti*.

Although the goal of disease control is to prevent epidemic transmission, if an epidemic does occur, ways to minimize its impact include:

- Teaching the medical community how to diagnose and manage dengue and dengue hemorrhagic fever (DHF), so they are better prepared to effectively manage and treat large numbers of cases. Mortality from DHF will thus be minimized.
- Implementing an emergency contingency plan to anticipate the logistical issues of hospitalizing large numbers of patients and to outline measures for community-wide vector control activities. Such plans should be prepared with the participation of all parties and agencies involved, and should be ready for implementation prior to the emergence of an epidemic.
- Educating the general public to encourage and enable them to carry out vector control in their homes and neighborhoods.

## **Programs to Minimize the Impact of Epidemics**

- **Education of the medical community**
- **Implementation of emergency contingency plan**
- **Education of the general population**

- *Hold community council meetings about dengue. Participants will decide if dengue is an important problem in the community.*
- *Invite municipal health leaders to participate in action decided on by community.*
- *Organize training sessions for volunteers: films, exhibits and lectures from health workers*
- *conduct surveys to determine mosquito problem.*
- *Use schoolchildren as agents for change to carry out inspections, and teach about where the dengue mosquito lives and how to control it.*
- *Organize house-to-house surveys and "one on one" teaching about dengue and the vector mosquito.*
- *Publicize the activity.*

**PEOPLES'S UNIVERSITY**

**SCHOOL OF PHARMACY & RESEARCH**

**Get the Facts About  
Novel H1N1 Influenza**

**PRESENTED BY**

**Mr. Nitin Dwivedi**

**Mr. Tarani P. Shrivastava**

**Mr. Anup K. Chakarborty**

**Mr. Amol Chandekar**

# Novel H1N1 Influenza

Novel H1N1 (referred to a swine flu early on) is a new influenza virus that is spreading from person-to-person.

The United States government has declared a public health emergency in the U.S. in response to the H1N1 outbreak.

CDC's response goals are to:

- reduce transmission and illness severity
- provide information to help health care providers, public health officials, and the public address the challenges posed by this emergency.

# Novel H1N1 Influenza

- The first cases of human infection with novel H1N1 influenza virus were detected in April 2009 in San Diego and Imperial County, California and in Guadalupe County, Texas.
- The virus has spread rapidly.
- The virus is widespread in the United States at this time and has been detected internationally as well.

# Novel H1N1 Influenza

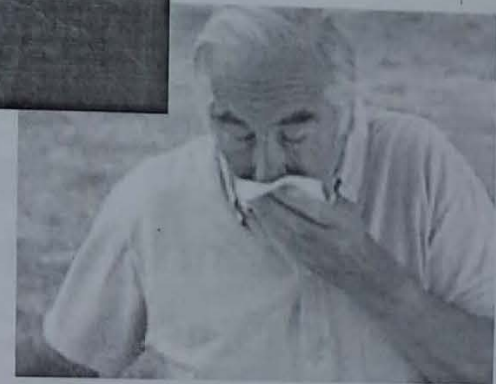
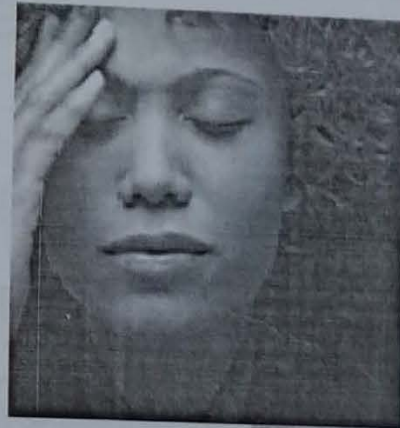
CDC expects that more cases, more hospitalizations, and more deaths from this outbreak will occur over the coming days and months.

- Influenza is always serious – each year in the United States, seasonal influenza results, on average, in an estimated 36,000 deaths and more than 200,000 hospitalizations from flu-related causes.
- This outbreak certainly poses the potential to be at least as serious as seasonal flu, if not more so, especially given the fact that there currently is no vaccine against this virus.
- Because this is a new virus, most people will not have immunity to it, and illness may be more severe and widespread as a result.

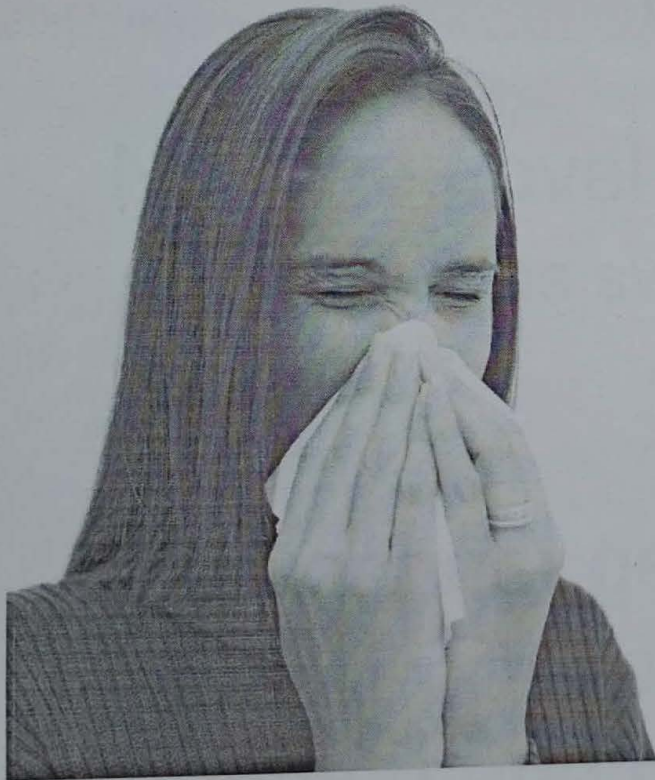
# Signs and symptoms

Symptoms of novel H1N1 flu in people are similar to those associated with seasonal flu.

- Fever
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Chills
- Fatigue
- In addition, vomiting (25%) and diarrhea (25%) have been reported. (Higher rate than for seasonal flu.)



# How does novel H1N1 Influenza spread?



- This virus is thought to spread the same way seasonal flu spreads
- Primarily through respiratory droplets
  - Coughing
  - Sneezing
  - Touching respiratory droplets on yourself, another person, or an object, then touching mucus membranes (e.g., mouth, nose, eyes) without washing hands

Can you get novel H1N1 Influenza from eating pork?

No. The novel H1N1 influenza virus (formerly referred to as swine flu) virus is not spread by food.

You cannot get novel H1N1 flu from eating pork or pork products. Eating properly handled and cooked pork products is safe.

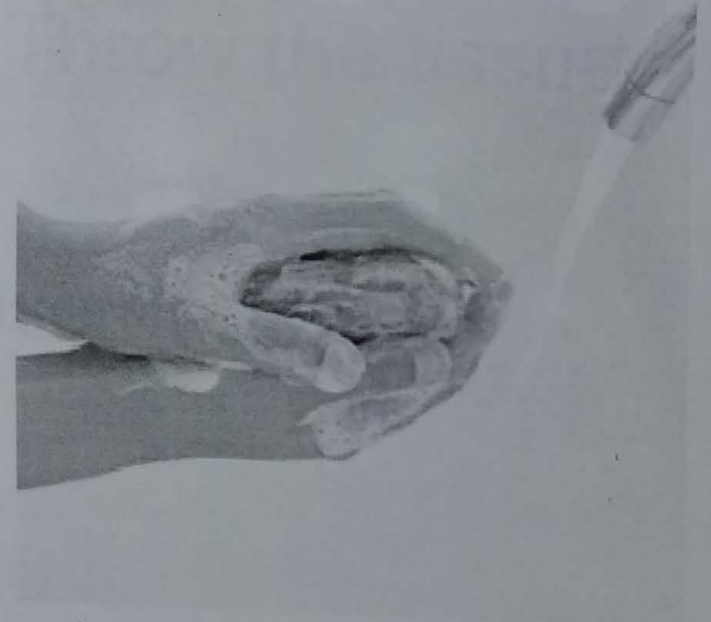
# What can you do to protect yourself from getting sick?

There is no vaccine right now to protect against this new H1N1 virus.

However, everyday actions can help prevent spread of germs that cause respiratory illnesses like influenza.

# Take these everyday steps to protect your health

- Wash your hands often with soap and warm water, especially after you cough or sneeze. Wash for 15 – 20 seconds.
- Alcohol-based hand wipes or gel sanitizers are also effective.



# Take these everyday steps to protect your health

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Avoid contact with sick people.

## If you get sick...

- Stay home if you're sick for 7 days after your symptoms begin or until you've been symptom-free for 24 hours, whichever is longer.
- If you are sick, limit your contact with other people as much as possible.



# Watch for emergency warning signs

Most people should be able to recover at home, but watch for emergency warning signs that mean you should seek immediate medical care.

In adults:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Flu-like symptoms improve but then return with fever and worse cough

# Emergency warning signs in children

If a child gets sick and experiences any of these warning signs, seek emergency medical care.

In children:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids
- Severe or persistent vomiting
- Not waking up or not interacting
- Irritable, the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough



# References

- For the most current information on the H1N1 influenza outbreak, visit <http://www.cdc.gov/h1n1flu/>
- CDC, WHO, and public health officials worldwide are carefully monitoring the situation.
- Follow all recommendations for preventing the spread of influenza.
- For local guidance, contact your state, local, or county health officials.

# Resources

- <http://www.cdc.gov/h1n1flu/>
- <http://www.cdc.gov/h1n1flu/espanol/>
- 1-800-CDC-INFO (1-800-232-4636)
- <http://www.who.int/csr/disease/swineflu/en/index.html>



PEOPLE'S  
UNIVERSITY

PEOPLE'S UNIVERSITY

(Established by MP Act No. 18 of 2011 & approved (956)

ISO 9001 : 2008 Certified

## SCHOOL OF PHARMACY & RESEARCH

No: PIP&RC/15/3678

Date: 30/12/2015

To,

The Registrar  
People's University  
Bhopal (M.P.)

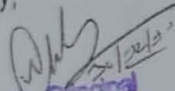
Subject: Regarding submission of report of extension activity on Dengue fever and Swine Flu.

Respected Madam,

With reference to the subject cited above please find the attached copy of report of extension activity on Dengue fever and Swine Flu which has been conducted in SOP&R, Peoples University on dated 18/12/2015-19/12/2015.

Thanking you,

Sincerely,

  
Prof. (Dr.) Neeraj Upmanyu  
Principal In-charge, SOP&R

Enclosed:

Detailed report of extension activity

Copy to:

1. Office of Hon'ble Director Administration

2. Hon'ble VC. Sir

## **Report of Extension Activity on Dengue fever and Swine Flu**

An extension activity regarding awareness of treatment, prevention and cure of Dengue fever and Swine Flu has been conducted in SOP&R, Peoples University on dated 18/12/2015-19/12/2015. This program/activity has been done in different areas specially schools of Raisen and Barasiya nearest to territory of Bhopal (M.P.). The honorable vice chancellor of Peoples University Dr. V.K. Pandya gave his humble consent and erudite guidance to conduct such program in these areas. A team for this task constructed in the internal meeting of the institute on dated 5/11/2015 under the supervision of Dr. Neeraj Upmanyu (HOI, SOPR) and approved by honorable Vice Chancellor of university. The team members of extension activity were as follow:

1. Mr. Anup K. Chakraborty (Asstt. Professor, Pharmaceutical Chemistry)
2. Mr. Nitin Dwivedi (Asstt. Professor, Medicinal Chemistry)
3. Mr. Tarani P. Shrivastava (Asth. Professor, Pharmacology)
4. Mr. Amol Chandekar (Asstt. Professor, Pharmacology)

The team successfully conducted the activity and deliver the lectures for sign, symptoms, prevention and cure of Dengue & Swine Flu on power point presentation and aware the community regarding this context. The team covered following schools of Raisen and Barasiya areas.

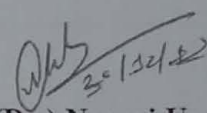
### **Schools coming under Raisen:**

1. Dr. Radha Krashanan H.S. School
2. Excellence Boys H.S. School
3. Excellence Girls H.S. School
4. Maharshi H.S. School
5. Saraswati H.S. School
6. Swami Shivom Tirth H.S. School
7. Bright convent S.S. School
8. St. Francis Convent S.S. School
9. Shine S.S. School

**Schools coming under Barasiya:**

1. Vidya Vihar H.S. School
2. Excellence Boys H.S. School
3. Excellence Girls H.S. School

At end of the lecture and presentation team has taken a question session from the students regarding Dengue and Swine Flu and distributed the prizes among the students, in addition with this the team members also took feedback of the activity. Such programmes will be conducted in near future also to make the society aware for these and other diseases like tuberculosis, Malaria, Diabetes, AIDS etc.

  
Prof. (Dr.) Neeraj Upmanyu

Principal In-charge, SOP&R

Principal  
People's Institute Of Pharmacy  
& Research Centre, Bhopal

**PEOPLES'S UNIVERSITY**

**SCHOOL OF PHARMACY & RESEARCH**

**DENGUE & DENGUE  
HEMORRHAGIC FEVER**

***PRESENTED BY***

*Mr. Nitin Dwivedi*

*Mr. Tarani P. Shrivastava*

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*Mr. Amol Chandekar*

3

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① Raveena Prajapati - Gifts

② Hemlata Yadav - 12<sup>th</sup> Arts

③ Samiksha Gaur

④ Manisha Meena

→ Monica Rajput - 12<sup>th</sup> (Bio)

→ Neha Meena - 12<sup>th</sup> (Maths)

→ Ashutosh - 12<sup>th</sup> (Bio)

→ Gurija - 12<sup>th</sup> (Bio)

**People's Institute of Pharmacy and Research Centre**  
**Bhanpur, Bhopal**  
**Marathon for Epilepsy**

Date: 17/02/2013

**Schedule of Activities:**

S. No.	Activities	Timings
01	Arrival of students and staff member	07:30 AM
02	Instruction given to all students and participants	08:00-08:30AM
	Distribution of t-shirts to all participants	08:30-09:00AM
	Marathon race started with the message about epilepsy treatments and cure	9:30-11:30 AM
	Prize distribution to winners	11:30-12:30 PM

**Description of events**

The epilepsies are common and frequently devastating disorders, affecting approximately 2.5 million people in the India alone. More than 40 distinct forms of epilepsy have been identified. Epileptic seizures often cause transient impairment of consciousness, leaving the individual at risk of bodily harm and often interfering with education and employment.

People's Institute of Pharmacy and Research Centre has participated as a part of Peoples University in marathon race organized by Swami Vivekanand Spine Centre to make the awareness amongst the individuals of Bhopal about epilepsy and give a supportive message to all the people suffering from epilepsy.

**People's University**  
**School of Pharmacy and Research Centre**

**Hypertension Awareness Camp on World Hypertension Day**  
**May 17<sup>th</sup>, 2012**

**Date: 21/05/2012**

**Place: Village Chopda, Vidisha Road, Bhopal**

**Schedule of Activities:**

S. No.	Activities	Timings
01	Arrival of students and staff member at village	10:00 AM
02	Counseling of villagers by faculty and students	10:30-12:30 AM
	A) Hypertension as a social dilemma	10:30-11:30 AM
	B) Various causes of hypertension and myths related with it	11:30-12:00 AM
	C) Presentation of posters by students related to the treatments and alternative options	12:00-12:30 APM

**Description of Events:**

The World Health Organization attributes hypertension or high blood pressure, as the leading cause of cardiovascular mortality. Several surveys from many countries around the world pointed out that the public's awareness of their blood pressure levels was very poor. Even in highly developed, resource-rich countries with high-quality health care systems, such as Canada, awareness of hypertension was only 58%.

Taking this in view on the occasion of World Hypertension Day, School of Pharmacy and Research Centre, People's university has planned to organize a hypertension screening and awareness camp in the rural area (Chopda) near by the institute.

The students and staff members of the institute were reached to the village at scheduled time. About 250 individuals including females, children old age persons and males were gathered for the camp. Firstly, the faculty members and students judged the current knowledge of villagers about hypertension and its impact on health. Various causes like;

changes in life style, obesity, dietary habits, hypothyroidism and renal impairment were explained elaborately to make the understanding regarding cardiac mortalities which can be caused by hypertension. Students then represented various charts to explain the treatments and alternative methods to control the blood pressure.

The camp consummated with the felicitation and vote of thanks by Gram Panchayat officials.

**People's Institute of Pharmacy and Research Centre  
Bhanpur, Bhopal**

**Diabetes Awareness Camp on World Diabetes Day**

**November 14<sup>th</sup>, 2011**

**Date: 17/11/2011**

**Place: Sub Urban Area of Karond, Bhopal**

**Schedule of Activities:**

S. No.	Activities	Timings
01	Gathering at Venue	10:00 AM
02	Questionnaire on knowledge of society about Diabetes	10:30-10:45 AM
03	Discussions	10:45-12:45 AM
	A) Types of Diabetes and its causes	10:45-11:15 AM
	B) Diagnostic tools and Preventive measures	11:15-11:45 PM
	C) Presentation of posters by students related to the treatments and alternative options	11:45-12:30 PM

**Description of Event:**

Diabetes is rapidly emerging as a major public health problem in India, not only in urban areas but also in the rural areas. As of today, India is the Head quarters for diabetes in the world. The increase in prevalence is due to rapid the urbanization, changing lifestyle and genetic predisposition as well. The fact remains that the diabetes can be prevented. Life style changes will help preventing diabetes.

In order to bring about changes in the lifestyle of the people, various awareness programmes are conducted. They include: exhibitions, film shows, puppet shows, diabetes detection camps, seminars, film shows, Television & Radio Programmes, etc,. People from various stream of life such as teachers, students of schools and colleges, software professionals, industrial workers, police personnel, bank officials, general population are widely covered. Educational materials such as pamphlets, flyers, banners, flip books, placards, charts, photographs, films, slides are extensively used in these programmes.

As a part of one of its various extension activities, People's Institute of Pharmacy and research Centre has organized a Diabetes detection camp to make the awareness amongst the individuals of sub urban area of

Karond locality near by the institute. About 75 individuals including youngsters, old age person and women were gathered.

First of all a questionnaire was distributed among public to make people aware about their daily dietary habits which may lead to diabetes, then faculty staff of the college has discussed various types of diabetes, its causes and complications. Students have shown various presentation charts to make the understanding of public regarding treatment options like; drugs, life style management, Beneficial Dietary habits, yoga and other alternative methods. The camp consummated with the felicitation by local public.

**People's Institute of Pharmacy and Research Centre**  
**Bhanpur, Bhopal**  
**Awareness Camp on HIV-AIDS**

Date: 10/05/2010

**Schedule of Activities:**

S. No.	Activities	Timings
01	Arrival of students and staff member at village	09:00 AM
02	Counseling of villagers by faculty and students	09:30-1:00 AM
	A) Myths related with AIDS	09:30-10:30 AM
	B) Modes of Transmission of Infection	10:30-11:00 AM
	C) Various clinical Manifestations and secondary infections to HIV infection	11:00-12:00 PM
03	Presentation of posters by students related to the treatments and alternative options	12:30-1:00 PM

**Place: Village Lambakheda, Berasia Road, Bhopal**

**Description of Events:**

The Government of India estimates that about 2.40 million Indians are living with HIV (1.93 -3.04 million). The Indian epidemic is concentrated among vulnerable populations at high risk for HIV. The concentrated epidemics are driven by unprotected sex between sex workers and their clients and by injecting drug use with contaminated injecting equipment. Several of the most at risk groups have high and still rising HIV prevalence rates. According to India's National AIDS Control Organization (NACO), the bulk of HIV infections in India occur during unprotected heterosexual intercourse. Consequently, and as the epidemic has matured, women account for a growing proportion of people living with HIV, especially in rural areas. In order to make awareness in these issues of spread of HIV infection, various awareness programmes are conducted by central as well as state and local bodies.

As a part of one of its various extension activities, People's Institute of Pharmacy and research Centre has organized a Awareness Camp on HIV-AIDS to make the awareness amongst the individuals of Village Lambakheda, Berasia Road, Bhopal. About 75 individuals including youngsters, old age person and women were gathered.